Promotional- Law of Attraction/ Mind Secrets Exposed

PROMO 11

SUBJECT: Relax and watch the waves.

Where can you imagine yourself being that you are the least stressed? For me, it’s the beach.

I can envision myself sitting on the shore, watching the waves roll in. I can almost hear them. I can smell them. That little visualization sends me there in spirit. And every time I go- not physically but emotionally- I feel myself relax.

So figure out a place that puts you at peace. And then go there. Sure, it’s great to REALLY go there. Do that when you can. I make it to the shore every chance I get.

But when you can’t go physically, go in your imagination. You’ll be glad you did.

And you don’t even have to pack a bag.

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